

YOGA WITH CAMILLE

Yoga and Fitness Instructor ignited by empowering others to reach their wellness goals.

Interested in in-person or online 1-on-1 yoga classes or person training sessions? Email info@yogawithcamille.com

DAY	TIME	CLASS	LOCATION
SUNDAY	6:00 pm	Flow and Yin	Urban Yoga Spa
MONDAY	6:00 am 12:00 pm 4:30 pm	Urban Hot Fow Urban Hot Flow Hatha	Urban Yoga Spa Urban Yoga Spa Urban Yoga Spa
TUESDAY	10:30 am 4:30 pm	Hot Power Fusion Hot Power Fusion	Core Power Queen Anne Core Power Belltown
WEDNESDAY	6:00 am 9:00am 12:00 pm 4:30 pm	Urban Hot Flow Hot Power Fusion Urban Hot Flow Hatha	Urban Yoga Spa Core Power Queen Anne Urban Yoga Spa Urban Yoga Spa
THURSDAY	9:00 am 12:15 pm 6:00 pm	Hot Power Fusion Vinyasa Flow Slow Burn Yoga	Core Power Belltown Expedia (Employees) Guided Fitness (Residents)
FRIDAY	9:00 am	Hot Power Fusion	Core Power Belltown
SATURDAY	4:30 pm	Urban Hot Flow	Urban Yoga Spa